



Laxacin

(laxastimucin)

This oral medication contains a laxative plus stool softener. There are many causes of constipation that include dehydration, diet, hormones, or conventional pain relief medications; all of which can lead to serious complications and/or painful defecation. The agents in this product provide two different mechanisms that alleviate constipation. Laxacin is manufactured in accordance with FDA regulations by an FDA approved manufacturer.

Active Ingredients: Docusate Sodium 50 mg
Sennosides 8.6 mg

Uses: This formulation relieves occasional constipation (irregularity) and generally produces a bowel movement in 6-12 hours.

Directions: Take with full glass of water (8 oz). Take exactly as directed. Do not take your medicine more often than directed. Talk to your pediatrician regarding the use of this medicine in children.

Age	Starting Dose	Maximum dose
Adults and children 12 years and older	2 tablets once a day	4 tablets twice a day
Children 6 to under 12 years	1 tablet once a day	2 tablets twice a day
Children 2 to under 6 years	½ tablet once a day	1 tablet twice a day
Children under 2 years	Ask a physician	Ask a physician



Mechanism of Action: *Docusate Sodium*, a stool softener that increases water content allowing easier passage through the intestines. This allows patients to avoid straining during bowel movements. Sennosides stimulates and increases motility of the gastrointestinal tract.

Benefits: Many conventional pain relief medications have bothersome constipation (i.e. opioids, anticholinergic agents, tricyclic antidepressants, diuretics, NSAIDs, calcium and iron supplements). Although treating the underlying cause is the best way to treat this condition; it often times is not a viable option. This medication not only can treat constipation but it can also be used as a preventative measure. This combination stimulates the gut and increases water in the stool to increase the likelihood of a bowel movement. Most medications for constipation use one active ingredient thereby utilizing only one mechanism. Each ingredient in this product has shown to be effective individually.

Adverse Reactions: Please consult your physician promptly if you experience severe diarrhea, muscle weakness, nausea, vomiting, unusual weight loss, or allergic reactions such as skin rash, itching, or hives, swelling of the face, lips, or tongue that occurs. Other less severe effects can include bloating, abdominal cramps, or discolored urine. This is not a complete list of all side effects that may occur. You may report side effects to the FDA at 800-FDA-1088 or at <http://www.fda.gov/medwatch>.

Warnings:

- **Do not use:** if you are now taking mineral oil, unless directed by a physician, using laxative products for longer than 1 week unless directed by a physician.
- **Consult your physician before use:** if you experience stomach pain, nausea, vomiting, noticed a sudden change in bowel habits that continues over a period of 2 weeks.
- **Stop use and ask a physician** if you have rectal bleeding or fail to have a bowel movement after use of a laxative. These may indicate a serious condition.
- **If pregnant or breast-feeding,** ask a health professional before use.
- **Keep away from children.** Consult physician for children under 12.

In Case Overdose, get medical help or contact a Poison Control Center (800-222-1222) right away.

Interactions: Although interactions are not expected, this medication may affect the time other medicines stay in the stomach. It is best not to take this medicine within 1 to 2 hours of taking other medicines. This list may not describe all possible interactions. This is not a complete list of all side effects that may occur. Report any side effects to your physician or pharmacists and provide a list of all medicines, herbs, non-prescription drugs, or dietary supplements currently taking.

Other Information:

Each tablet contains: **Calcium 20 mg, Sodium 4 mg** (LOW SODIUM)
Keep lid closed tightly and store in a dry place between 15°-30°C (59°-86°F). Do not expose to excessive heat.
Do not use if imprinted safety seal under cap is broken or missing

Inactive Ingredients: Croscarmellose Sodium, D&C Yellow #10, Dextrose, Dicalcium Phosphate, FD&C Yellow #6, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Sodium Benzoate, Stearic acid, Titanium dioxide.

Laxative Plus
Stool Softener

Locke GR, Pemberton JH, Phillips SF. American Gastroenterological Association Medical Position Statement: Guidelines on Constipation. *Gastroenterology* 2000;119:1761-1778.



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